

PRE-SURGICAL INSTRUCTIONS

When you are scheduled for treatment, we will give you a copy of these pre-surgical instructions. They are posted here for easy reference as well. Please don't hesitate to call the office with any questions you may have.

One Week Prior To Surgery

- Do not take any product containing ibuprofen (e.g. Motrin, Advil), NSAID (non-steroidal anti-inflammatory drugs), all vitamins, herbal and homeopathic remedies for one week before surgery.
- If you are taking any product containing acetylsalicylic acid (e.g. ASA, Aspirin, Bufferin, 222's, 292, etc.), please inform Dr. Budd.
- Tylenol is okay.

Day of Surgery

- Please present yourself at least 15 minutes prior to your scheduled time of periodontal surgery.
- Eat your regularly scheduled meal, do not skip any meals prior to your surgery. We will be recommending a softer diet for a few days to follow.
- Please refrain from the application of any facial makeup, including foundation, powder, blush, lipstick and the use of heavy scented perfumes.
- If pre-surgical medications have been presented, take them as directed. If you have any questions regarding any medication, please contact the office.
- If your surgery is scheduled for more than 1 hour and 30 minutes, we recommend that you arrange for someone to pick you up or arrange for transportation home.
- Some of the medication prescribed to control post-surgical pain and discomfort and may cause drowsiness and/or disorientation; therefore operating a motor vehicle could be hazardous.
- Please refrain from exercise or rigorous activities for 24 hours after surgery.